

Summer Programs for Students with ASD - 2019

- **Adventures Without Limits**
(503) 359-2568
<https://www.awloutdoors.org/summer-day-camp>
Adventures Without Limits mission is to empower people of all abilities through quality outdoor experiences. Adventures Without Limits offers two styles of outdoor programs. We organize Trips for Everyone, in which we designate the activity, location, date, and time. Anyone in the general public may attend these trips, which usually occur once or twice a month. You can learn more about these activities from our seasonal schedule. Most of what we offer, however, is through our Custom Trip Program. Most outings start and return in the same day, but we are happy to offer multiple-day adventures if that is your preference. Our staff and volunteers are dedicated to helping people reach their potential through meaningful outdoor experiences. Our trip mentors include not only professionals in outdoor recreation, but also professionals in other fields such as engineering, teaching, occupational and physical therapy, physiology, and health care.
- **Autism Service Dogs of America**
www.autismservicedogsofamerica.org
A local nonprofit, located in Lake Oswego and Tualatin, that trains and places service dogs with children and families affected by autism spectrum disorders. We are holding 3 weeks of summer camp for both typical campers and campers with autism. Our campers learn to interact and train autism service dogs while having fun out in the community.
- **Autistic Community Activity Program (ACAP)**
<http://www.acappdx.org/programs>
Autistic Community Activity Program strives to create community resources and opportunities which empower young people with Autism Spectrum Disorder (ASD), by providing, through our summer-long day camps, life skills training, academic and social skill-building and positive recreational and educational experiences in the community. These community resources must be compatible with the needs of families and contribute to an increased understanding of ASD in the community. This program also strives to provide families' opportunities for support, education, and respite care.
- **Bike First!**
https://www.abicomunity.org/programs/bike_first/bike_week_info.html
Bike First! Teaches people who experience disabilities the skills needed to ride traditional bicycles. Children need to be at least 8 years old.
- **Building Bridges Therapy Program**
www.bridgespdx.com
Our mission at Building Bridges is to help children with social delays, ADD, autism, and impulse control issues, become happy, social, communicative people. Our team of therapists understands that your child is unique and is committed to helping your child reach his or her full potential. We offer the same therapy programs all year. We do not follow an academic calendar.
- **Bustin' Barriers**
<https://bustinbarriers.org/programs/summer-camp/>

Bustin' Barriers provides safe physical activities and meaningful socialization experiences for individuals with disabilities - creating opportunities for participants to have fun and strive toward their personal best. Accomplishments bust the barriers of doubt, misperception and fear - for both program participants and the community at large. Our camps have adaptive equipment available to make activities accessible for participants.

- **Camp Attitude**

<http://www.campattitude.com/>

Our mission is to promote active participation in a safe & inclusive outdoor environment. We strive to encourage positive attitudes through a quality camping experience. Helping people reach their dreams and overcoming unusual obstacles and challenges are central to our mission.

- **Meadowood Springs**

<http://meadowoodsprings.org/>

Home of P.A.C.E. ASD Family Immersion Camp with a mission of "improving the lives of people who have communication difficulties and related disorders by providing service, education, training and research."

- **Camp Namanu**

campfireusa@wilanicouncil.org

<https://campfirecolumbia.org/portland-summer-day-camp/>

Day and Overnight camp for 1st-12th grade. One week sessions

- **Camp Odakoda (formerly Camp Quest)**

www.asdoregon.org

An overnight camp for kids with Asperger's Syndrome and High Functioning Autism.

- **Camp Rivendale**

<http://www.thprd.org/activities/adaptive-and-inclusive-recreation/camp-rivendale>

Camp Rivendale contributes to the physical, mental and social growth of campers through the exploration of music, dance, drama, visual arts, sports and aquatics. Our staff and volunteers provide affection, support and companionship to campers and work to promote the dignity, self-respect, and independence of individuals with disabilities.

- **Camp Yakety-Yak**

<http://www.campyaketyyak.org/>

NEW 2019: Programs for campers age 5-21. Campers with Special Needs benefit from the specially-designed social-emotional curriculum they get to practice in real-world interactions with peer role models. To ensure their success, campers with special needs are given the right amount of individual attention, staff assistance, and professional expertise to ensure their success.

Typical Peers & Siblings not only enjoy camp activities, but grow in their patience, empathy and leadership skills while connecting with other "neurotypical" siblings for some good, old-fashioned fun. We also offer special activities for siblings to support their unique needs.

- **Choi's Taekwondo Academy**

<http://www.choistkd.com/about>

We are a studio that specializes in Taekwondo, Hapkido, and Weapons. Offering standard classes and private classes with daily schedules. We host public tournaments and run a summer camp program.

- **Community Based Activity Program (CBAP)**

<http://www.cbapkids.com/>

CBAP is committed to providing students with quality education and creating an enjoyable and positive learning environment during the summer months. CBAP programs are centered on the capacity of each student, and we maintain that the students' strengths will become a resource for our community if recognized and channeled properly. We plan both structured programs and recreational activities, always being sensitive to our students' individual needs.

- **Day Camp at Easterseals**

<http://www.easterseals.com/oregon/our-programs/camping-recreation/rogue-family-summer-day-camp.html>

The mission of Easterseals day camping programs is to provide safe, fun recreational opportunities for children with disabilities or special needs. Easterseals recognizes the gifts and potential of our campers. We create an environment that emphasizes their ability and independence, as well as the development of their leisure skills, social skills, and appreciation of the outdoors. Participants make friends, learn about and explore nature, participate in sports and crafts, gain confidence, and create memories that linger long after they go home.

- **Easterseals Oregon Upward Bound Camp**

<http://www.easterseals.com/oregon/our-programs/camping-recreation/upward-bound-camp.html>

Campers enjoy all of the traditional summer camp activities in a way that makes them accessible to campers of any level of ability. Summer Camp sessions fill up fast so please submit applications early.

- **Easterseals of Oregon**

www.or.easterseals.com

Warm Water Aquatic Program Swimming lessons and recreation, Easter Seals Oregon.

- **The Goddard School Summer Camps**

<http://www.goddardschool.com/summer-camp>

The Goddard School's summer camp curriculum teaches STEAM subjects (science, technology, engineering, arts and mathematics) through fun and exciting experiences for your child every day!

- **Happy Mindful People**

<http://www.happymindfulpeople.com/kids-special-needs-movement/>

Our small group movement & mindfulness classes are great for kids who struggle with communication and/or have difficulty navigating social situations. Small group classes incorporate social skills instruction intended to help kids develop tools to have successful peer to peer interactions while developing a stronger sense of self. All are welcome. Your child will develop a toolbox of skills that can easily be transferred into the classroom, anxious doctor visits, and everyday living activities. This program is beneficial for children with physical, cognitive and social communication deficits, which may include disabilities

such as Cerebral Palsy, Down Syndrome, Autism, ADHD and other emotional and behavioral challenges.

- **Hoop Camp**

<http://hoop.camp/portland/>

Hoop Camp caters to both special needs athletes and “unified” (those without special needs) athletes of all ages and abilities.

- **Little League Challenger Division**

The Challenger Division was established in 1989 as a separate division of Little League to enable boys and girls with physical and mental challenges, ages 4-18, or up to age 22 if still enrolled in high school. For more information on the Little League Challenger Division, email challenger@LittleLeague.org

To find a local league, <https://www.littleleague.org/play-little-league/league-finder/>

- **Mt Hood Kiwanis Camp for Children & Adults with Disabilities**

www.mhkc.org

Offers children and adults with disabilities an opportunity to leave behind their routine lives and taste the freedom of the outdoors - to go beyond limits that they and others have set for them. Residential camp offers horseback riding, canoeing, swimming, arts and crafts, hiking, camping, outdoor cooking and a challenge course.

- **Oregon Youth Soccer-TOPS Programs in Oregon**

www.oregonyouthsoccer.org

TOP Soccer is a community based soccer program that is designed to meet the needs of people 4-adult with physical and or mental disabilities. Find programs in your community by visiting the website

- **Play Space**

<http://www.pdxplayspace.com/>

Striving to give children tools they can use to develop and nurture successful friendships, engagement, emotional regulation, reciprocity, empathy and flexibility. Developmentally appropriate groups for young children ages 3-10. Groups run year round with camps during summer months.

- **Portland Parks and Recreation Adaptive & Inclusive Recreation (AIR)**

Inclusion Services provides accommodations for people with disabilities/special needs to allow everyone to take part in PP&R classes and activities that are in their chronological age group. Activities are done in an inclusive setting. Requesting an Inclusion Assistant is free, but you need to fill out the form at the link below to request one.

<https://www.portlandoregon.gov/parks/51926>

Portland Parks & Recreation <https://www.portlandoregon.gov/parks/38277>

- **Sensory Camp**

<https://www.cityofvancouver.us/parksrec/page/camps-persons-disabilities>

Sensory Camp provides a safe, structured and engaging environment strategically designed for children with Sensory Processing Disorder (SPD) which is part of, but not limited to, Autism Spectrum Disorder (ASD). Ours is the only program in Clark County providing summer recreational program to children with SPD. Sensory camp is a place where these children are able to be themselves and be a part of a community.

- **Special Olympics**
Summer and fall games--check websites for dates www.soor.org
- **Spectra Gymnastics**
<http://spectrapdx.com/>
Spectra Gymnastics strives to create a nurturing environment for a spectrum of learners. Spectra is the only exclusively special needs gymnastics program in Oregon, and is carefully designed to support children and teens with Autism and related disorders. Through gymnastics our students develop emotional self-awareness, gain executive functioning skills and practice social communication. It is our mission to build strength and inner confidence to foster happy, empowered kids!
- **SUN Community Schools**
<https://multco.us/sun/sun-community-schools>
SUN Community Schools aim to extend the school day and develop local schools as “community centers”. We work with partners and community organizations to include them as part of our school environment. This includes hosting community/partner meetings in the school.
- **Upward Bound Camp**
www.upwardboundcamp.org
The purpose of Upward Bound Camp is to provide on-going Christian based recreational and educational camp experiences for persons with disabilities, twelve years of age and over in an environment that presents opportunities for growth outside the individual’s usual routine or habitat.